

Materials List

Please find the list of materials required for the entire 10 weeks of the workshop.

There are two lists, one of essential items, another of additional items . The additional items are extras to use in the sessions. It is not necessary go out and buy new if you do not already own them.

The list of essential items. In this list I will sometimes have given an alternative option. Where this is offered either option will be fine.

Places to buy materials online in the UK:

<https://www.cassart.co.uk/>

<https://www.jacksonsart.com/>

Essential Items

An apron or old shirt to protect your clothing.

Cheap A4 Cartridge or drawing paper and an A4 or larger sketchbook for exercises and journaling.

Some small (8x8") offcuts of plywood, or MDF for texture experiments.

2 x 12 in square wood panels. There are a few options here. You can buy plywood cut to size from your local hardware store. The size may not be 100% accurate, so if you want to frame afterwards I would recommend the more expensive alternative.

Thickness: 3/16, 1/4 or 3/8th Inch. Wooden painting panels are available from art stores.

If you buy from an art store I recommend buying unprimed and gesso the panels yourself.

I suggest these as a reasonable quality cost effective option. In packs of five they could be bought in bulk .

<https://www.jacksonsart.com/jackson-s-5mm-wooden-painting-panel-12x12in-pack-of-5>

These are another more expensive option. <https://www.jacksonsart.com/jackson-s-academy-wooden-panels>

One larger substrate which can be canvas, wooden panel or paper. At least 20x20inches.

Gesso. We will be using white gesso to prime the panels first. Gesso **both sides** of the thin panels.

Gloss Medium for finishing. PVA glue or similar for collage.

Acrylic Paint

Acrylic paint comes in various forms from liquid (high flow or ink) through to heavy body which is similar in texture to oil paint. I recommend that you buy student quality for these first experiments, and System 3 or similar are of good enough quality and the right viscosity. Heavy body is also fine. Do **not** buy the liquid or high flow paints as they are too thin. Here are some suggestions for colours of acrylic paint you might like to include. It is not necessary to buy all these colours, I would recommend having at least white, black cadmium red deep and yellow ochre as essential paint.

Art Fluency

Materials List

Any of the colours below, these are not essential .

Lemon yellow, Cadmium yellow deep, Cadmium red light, Cadmium Orange, Indigo, Pthalo blue , Pthalo green, Cerulean, Hookers Green, Dioxazine Purple, Quinacridone/nickel Azo Gold, Raw or Burnt Umber.

Brushes

A selection of 2 or 3 brushes for use with acrylic paint including flat and round and one or two larger brushes. I suggest that the majority of your brushes are at least a 1 inch brush. You will also need another 1 or 2 much bigger brushes for the scaling up section of the course. At least 2.5 inches.

Tracing paper or baking parchment for your palette.

Palette a 12x16inch (approx.) cheap plastic food tray

Water bucket

Rags/paper towel for wiping brushes etc.

Optional Items

Drawing items for mark making:

Oil pastels in a selection of colours

Pencil crayons and graphite pencils.

Wallpaper scraper/ putty knives

Paint guide for straight lines.

Palette knives

Assorted sandpaper various grades.

Ink rollers

Matt medium

Scrapbooking or bought in collage paper.

Stencils

Corks, old rubbers, cotton reels. Objects that you can use to print simple patterns with.

Paint pens, gel pens, drawing pens in a variety of colours.

Old plastic store cards.